



# St. Edmund's Nursery School

## APRIL NEWSLETTER – 2016



**"Three things in human life are important. The first is to be kind. The second is to be kind. And the third is to be kind." Henry James**

During the month of April we will continue to talk about the "Wonders of Nature" as we study and learn about the lifecycles of frogs, butterflies and hopefully silk worms. We will also study about farm animals and their babies.

**Color:** *Blue*    **Shape:** *Oval*    **Number:** 8

**Concept:** *Fast and Slow*

**Christian Quality of the Month:** *Cheerfulness*

**Bible Verse:** *"I Am With You Always" - Matthew 28:20*

### **IMPORTANT DATES:**

#### **Spring Break: April 4 - April 8 - No School--Enjoy!**

Mon., April 11	- School Resumes
Mon.-Fri., Apr. 10 – Apr. 16	- National Week of the Young Child – celebrating all our children with ice cream sandwiches Tuesday and Wednesday!
Thurs., April 14	- Farm Days and Petting Zoo - T/Th and 5 Day Classes
Fri., April 15	- Farm Days and Petting Zoo - MWF and Pre-K Classes
Mon.-Fri., Apr. 18 – April 22	- "Teacher Appreciation Week"
Tues., April 19	- Teacher and Staff Appreciation Lunch
Wed., April 20	- SENS Restaurant Day – Twohey's All Day – 15% back to SENS
Fri., April 22	- Scrip orders due today!
Fri., April 29 6:00 PM	- Parent Party – At SENS!
Mon., May 2, 9:00-10:30	- Julie Lilly Graduation Photos
Thurs., May 5, 9:00-10:30	- Mothers' Day Celebration and Chapel– T/Th, 5 Day, & Pre-K
Fri., May 6, 9:00-10:30	- Mothers' Day Celebration and Chapel – MWF

#### **Conference Dates:**

Mrs. Medeiros, Wednesday, April 13  
Mrs. Westphal, Monday, May 2  
Mrs. Westphal and Mrs. Elffers, Tuesday, May 3  
Mrs. Doerning, Monday, May 9  
Mrs. Doerning and Mrs. Toth, Tuesday, May 10

#### **End of Year Celebration and Program:**

Mrs. Medeiros & Mrs. Alietti's class – Mon., June 6 at 9:00

#### **Graduation Programs:**

Mrs. Elffers & Mrs. Pegram's class – Wed., June 8 at 9:00  
Mrs. Grimes & Mrs. Schraer 5 Day – Thurs., June 9 at 9:00  
Mrs. Long & Mrs. DiBona, Pre K – Thurs., June 9 at 10:30

**Summer School Dates:** June 13-16, June 20-23, June 27-30  
Monday – Thursday from 9-12pm, for 3 weeks.



WE ARE PLANNING AN AWESOME SUMMER SCHOOL EXPERIENCE FOR YOUR CHILDREN. SUMMER SCHOOL IS THE LAST THREE WEEKS OF JUNE MONDAY - THURSDAY EACH WEEK. COME JOIN THE FUN. APPLICATIONS ARE NOW AVAILABLE FOR ONE, TWO OR ALL THREE WEEKS. BE SURE TO ENROLL YOUR CHILD(REN) FOR THIS WONDERFUL EXPERIENCE!

### **“The Draft” – Annual Parent Party, Friday, April 29**

This will be a very casual, fun filled evening to give us all a chance to celebrate and enjoy our SENS community of friends. We hope you will attend this wonderful event.

Auction items are being donated – if you are considering making a contribution to our auction please contact Michelle Alexander or Laura Repstad at laurarepstad@gmail.com. This will enable us to add the item to our auction roster and acknowledge your donation. Lastly, our Capital Campaign goal is 100% participation. If you haven't supported our major fundraiser, please remember that we appreciate any dollar amount; our goal is to achieve 100% participation!

### **THANK YOU TO.....**

- Thank you **Gina Cockriel** for coordinating all the refreshments and treats for Grandparent's morning. It was such a great event and we greatly appreciated your help!
- Thank you to **the SENS Board and families** for providing the delicious treats at Open House and to **Gina Cockriel** for organizing the event.!
- Thank you **Sarah Rome and Tiffanie Liao** for the spectacular Easter celebrations. Everything was so festive and colorful, the children loved the egg hunts and meeting the Easter Bunny! Thank you for making this such a fun event for the children, siblings, and parents! Also, a special thank you to **Phil Bruno** for your willingness to be our Eater Bunny this year. You brought smiles to so many!

### **PICNIC INFORMATION:**

**Wed., April 13** - Free gymnastics demonstration during picnic hours. This is an optional program for your children.

**Remember: No peanut butter or nuts are served at school to help protect our children who have severe allergies. This includes “picnic” lunches.**

Did you know....the week of April 13 through April 17 is National Week of the Young Child?? Let's see how we can ALL make a difference for ALL the young children in our country! Together we can inspire every child!

# Early Years

WORKING TOGETHER FOR A GREAT START

St. Edmunds Nursery School  
Darlene Porter, Director



## KID BITS

### Safety first

Help your child stay safe at school with these clothing tips. Make sure she wears shoes that fit properly and either tie or have Velcro. They're less likely to cause accidents than floppy shoes like sandals or clogs. Also, avoid baggy clothes and cords or strings on clothing that can get caught in playground equipment.

### Sizing things up

Take a walk around your neighborhood with your little one, and use objects you see to encourage him to compare sizes. Ask questions like "Is that mailbox taller or shorter than you?" or "Is the white rock bigger or smaller than the gray one?"

### Helping hands

Trace around your child's hands on paper, and ask her to name different ways she is helpful. Maybe she takes care of her dog by feeding him and helps you by dusting. Together, write each example on a separate finger. Then, hang up her "helping hands" to remind her how helpful she can be.

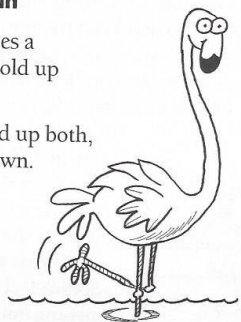
### Worth quoting

"Play is the highest form of research."  
Albert Einstein

### Just for fun

**Q:** Why does a flamingo hold up one leg?

**A:** If he held up both, he'd fall down.



## Keys to self-control

How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.

### Talk it out

Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated! Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book), encourage him to use similar words. ("I feel mad because I want my book. I was looking at it in the living room—maybe it's there.") He'll learn to talk through his problems and be less likely to yell or whine.

### Think ahead

Prepare for situations where self-control comes in handy. You could say, "We're going to your cousin's house. Let's think about what you can do if she's playing with a toy you want." He may ask to join her, or he could ask to play



with another toy until she's finished. Having a plan can help him avoid grabbing the toy or yelling at his cousin.

### Calm down

When your child begins to get upset, help him find ways to keep his cool. For instance, he might take a deep breath, count to five, or draw a picture of how he is feeling. The distraction may be enough to settle him down. And once he's used to these techniques, he'll be able to do them without a reminder from you. ♥

## Family playtime

Has the grown-up world left you too tired to play? Consider these ideas that will let you connect with your youngster—and unwind after a long day:

- Show her what you liked to play when you were her age. You could teach her a card game, a jump rope rhyme, or a magic trick, for instance. Next, ask her to teach you a game or an activity she enjoys.
- Step into a role. You might each pretend to be someone else (a cashier and a customer, a bird and a squirrel) while carrying on a conversation. Encourage your youngster to think about what her character would sound like and what she would say.
- At bedtime, shine a flashlight on the walls, ceiling, and floor. Have your child "chase" your beam with her own flashlight. Then, trade roles. ♥





# Cheerfulness

In April, we celebrate the Christian Quality of Cheerfulness. Cheerfulness is the gift of sharing warmth and happiness! This gift is contagious to those around us! Spring is here, and it is time to celebrate life and the joy our children bring to us and others!

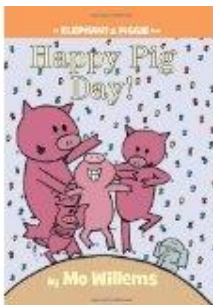
## Quotes on Cheerfulness:

“If you have good thoughts... they will shine out of your face like sunbeams and you will always look lovely” – Ronald Dahl

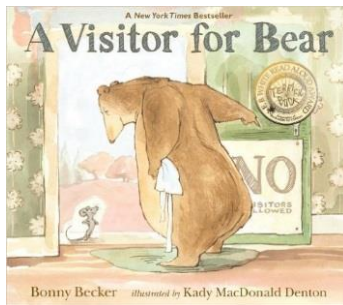
“Most smiles are started by another smile” - Unknown

“The best way to cheer yourself is to cheer someone else up” – Mark Twain

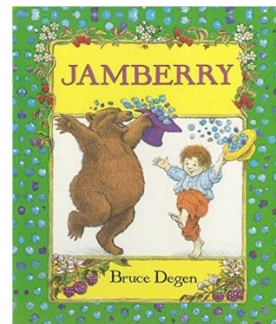
## Suggested Reading for Children:



Happy Pig Day  
By Mo Willems



A Visitor for Bear  
By Bonnie Becker



Jamberry  
By Bruce Degen

All books are available for purchase at Amazon.com. Please purchase Scrip at SENS and a portion of the sale goes back to our school. Thank you!