

# St. Edmund's Nursery School

## CHRISTIAN QUALITY OF THE MONTH



### LOVE

February is the month we celebrate the Christian Quality of love. Love can be expressed and received in many different ways, and it is different for everyone. The 5 "love languages" are acts of service, physical touch, words of affirmation, quality time, and gifts. With Valentine's Day approaching, February is the perfect time for us to tell and show everyone in our life, but especially our little ones, just how much we love and appreciate them.

"To love and to be loved is like the sun from both sides."

-David Viscott

"The best teachers are the ones who show you how to use your heart."

"Love is when the other person's happiness is more important than your own."

- H. Jackson Brown Jr.

### RECOMMENDED READING

