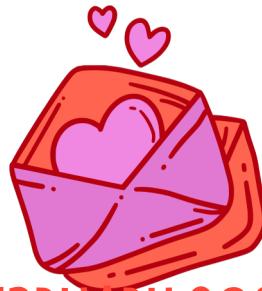


St. Edmund's Nursery School

CHARACTER TRAIT OF THE MONTH



FEBRUARY 2026

LOVING

February is the month we celebrate the character trait of loving. Love can be expressed and received in many different ways, and it looks different for everyone. The five “love languages” are acts of service, physical touch, words of affirmation, quality time, and gifts. With Valentine’s Day approaching, February is the perfect time to intentionally tell and show the people in our lives—especially our little ones—just how much they are loved and appreciated.

“To love and to be loved is like the sun from both sides.”

-David Viscott

“The best teachers are the ones who show you how to use your heart.”

“Love is when the other person’s happiness is more important than your own.”

- H. Jackson Brown Jr.

RECOMMENDED READING

